

Sabrina Appleby, Ballet Instructor

Sabrina Appleby is from Needham, Mass. She began her ballet training at age 7 at Boston Ballet School and continued there until 2013 when she attended Phillips Academy Andover. Most recently, she was a trainee at Orlando Ballet and then Boston Ballet. She attended summer programs at Pennsylvania Ballet, San Francisco Ballet, Brooklyn Ballet Theatre, Orlando Ballet, Houston Ballet, and Boston Ballet. Her professional experience includes featured roles in *The Nutcracker* for Jose Mateo Ballet Theatre. Sabrina was a dancer with Ballet Austin II in 2019