



Leslie Ann Ellingburg, Pre-Ballet & Young Children's Division Instructor

Leslie Ann Ellingburg (she/her) is a trauma informed movement educator who is a Certified Exercise Physiologist through the American College of Sports Medicine, has a degree in Exercise Science from East Tennessee State University, is a certified Yoga instructor, and completed a trauma informed certification through Yoga 4 Trauma. Leslie has over fifteen years working in the dance & wellness industry. Leslie has taught dance to a variety of age groups primarily working with Pre-Ballet & Early Elementary divisions and working as a coach for act & performance development. Her approach and teaching philosophy is rooted in the notion that we are all dancers. Dance and movement is part of who we are, it can help us express ourselves when words fail, and it can heal what hurts us. She also believes in honoring every person in her classes--seeing them as individuals, making sure that everyone feels welcome, safe, and loved. When not teaching she works as a performing artist, studies aerial & circus arts on the lyra apparatus, spends time with her dog Winston, enjoys all of the arts, coffee, and loves to travel and experience what the world has to offer.