



## Job Description

### I. TITLE: Certified Pilates Instructor

DEPARTMENT:	Butler Center for Dance & Fitness
GRADE:	Part Time, Hourly
COMPENSATION:	Based on training and experience
FLSA:	Non-Exempt

### II. POSITION SUMMARY:

Part of a highly motivated team of instructors who teach Pilates reformer group classes and private Pilates sessions at Ballet Austin's state-of-the-art Pilates center, located in downtown Austin. The teaching philosophy is based on the classical work of Joseph Pilates, as well as creative variations and modifications to reach a wide range of clientele, from high-energy group classes to clients with more therapeutic needs.

The ideal candidate is knowledgeable and experienced in the Pilates practice, is passionate about health and wellness, and enjoys helping clients achieve their full fitness potential.

### III. ESSENTIAL FUNCTIONS:

This position directly supports Ballet Austin's mission that includes involving and strengthening our community through the creation and experience of dance and the encouragement of health and well-being.

- Teach Pilates classes as scheduled, including group reformer classes, private and duet sessions, and Pilates-based mat workouts as needed
- Promote the benefits of Pilates and overall general health benefits of physical activity
- Maintain a safe and clean working environment for clients and visitors to the Pilates Center

### IV. OTHER ACCOUNTABILITIES:

- Ability to work nights and weekends
- Sub classes for other instructors when hours permit

### V. PHYSICAL DEMANDS AND WORK ENVIRONMENT:

- Ability to demonstrate and participate in class content on both a reformer and a mat

### VI. EDUCATION AND EXPERIENCE:

- Valid comprehensive Pilates instructor certification
- Knowledge of and experience with Pilates reformer and other machines and props
- Knowledge of anatomy and basic Kinesiology
- Ability to teach a high-energy, fast-paced group classes, classes of mixed ability, offering adaptations and progressions as well as modifications where necessary
- Knowledge of the MINDBODY scheduling platform a plus

VII.COMPETENCIES -- KNOWLEDGE, SKILLS AND ABILITIES:

- Collaboration
- Effective Communicator
- Customer Focused
- Values Differences
- Resourcefulness
- Situational Adaptability
- Instills Trust

VIII.ORGANIZATIONAL RELATIONSHIPS:

- Reports to Pilates Program Director

TO APPLY:

Please email cover letter and resume to Vicki Parsons at [vicki.parsons@balletaustin.org](mailto:vicki.parsons@balletaustin.org)

BACKGROUND SEARCH REQUIRED

NEW HIRES WILL BE ASKED TO PROVIDE PROOF OF COVID-19 VACCINATION