



## LB Flett, Young Children's Program Manager / Resident Instructor

LB (Laura Beth), embarked on her dance journey at the age of four in her hometown of Shreveport, Louisiana. While studying a variety of dance genres, her primary training was in Ballet. She continued her studies at The University of Texas at Austin, where she earned her BFA in Dance with a specialization in Dance Education. Since graduating in 2017, LB has devoted herself to crafting enriching dance experiences for young children. She has created and taught development-focused creative dance curricula to young students in Montessori schools, public schools, extracurricular programs, and dance studios. LB started teaching in the Young Children's Program in 2018. During that time, she has trained with Anne Green Gilbert, the renowned creator of the Brain-Compatible Dance Education and the BrainDance. Through her many years of studying and teaching this method, LB has witnessed its remarkable impact on children's holistic development, fostering not only deep and embodied learning but also nurturing a genuine love for dance. In her role as the Young Children's Division Program Manager, LB is thrilled to bring her expertise in curriculum-building, child development, and dance education to best support Ballet Austin teachers, students, and families.