



## Sahel Flora Pascual, Company Dancer and Instructor

Growing up in the Philippines, Sahel started her dance training with Maritoni Tordesillas and later, Lisa Macuja-Elizalde and Osias Barossa at Ballet Manila. She continued at the School of American Ballet, performing featured roles in George Balanchine's *Emeralds*, *Divertimento No. 15*, *Valse Fantaisie*, *Symphony in C*, and Peter Martin's *Sleeping Beauty*. Sahel performed with the New York City Ballet in their 2022 Spring Gala and Stravinsky II Festival and originated featured roles with the New York Choreographic Institute. Sahel is also a student at Columbia University specializing in developmental and sociocultural psychology with a focus in dance pedagogy and an interest in choreography.